



Adult Special Interest

LB's Cooking Classes

(Ages: 16 yrs to Adult)

LB's Cooking Classes featuring "Flavors of the Mediterranean". Each class will explore tasty foods from Italy, France, Greece, and Spain! Expand your culinary talents regardless of your cooking level at this hands-on recreational cooking class. Taste all the food that is prepared in class, receive a copy of the recipes, and make new friends. If you register for 4 classes, you can save \$10.00.

Italian Cuisine

4010.101 Wednesday, October 4 6:00pm-8:00pm

Italian Cuisine

4010.102 Wednesday, October 11 6:00pm-8:00pm

French Cuisine

4010.103 Wednesday, October 25 6:00pm-8:00pm

French Cuisine

4010.104 Wednesday, November 8 6:00pm-8:00pm

Greek Cuisine

4010.105 Wednesday, November 15 6:00pm-8:00pm

Greek Cuisine

4010.106 Wednesday, November 29 6:00pm-8:00pm

Spanish Cuisine

4010.107 Wednesday, December 6 6:00pm-8:00pm

Spanish Cuisine

4010.108 Wednesday, December 13 6:00pm-8:00pm



1 Session each. Sign up for one or as many as you like.
\$30 City, \$35 Non-City Resident per class. Register for four (4) classes and save \$10! Food is included in the price of the class.
Dorothy Hart Community Center
Instructor: Laurie Beth Gills
Registration begins: 8/21 City 8/28 Non-City



Register for one, two or as many of Laurie Beth's cooking classes as you like. Sign up for 4 classes and save \$10 off the total registration fees!





Basket Making - Round Twined Basket

(Ages: 16 yrs to Adult)
This is a must know basket weaving skill. Create a frame for weaving with round reeds, twine the base and sides, braid the rim for a completed project. Color with dye. \$11 charge for remainder of supplies which instructor will provide.

4043.110 Sat, Sep 2 9:00am-1:15pm
2 Week Session at the Dorothy Hart Community Center
\$32 City, \$37 Non-City Resident, plus \$11 supply fee
Instructor: Debby Wells
Registration has already begun.

Basket Making - Plaited Two Pie Basket

(Ages: 12 yrs to Adult)
Create a wide but shallow plaited market basket. The sides are start/stop, and the rim is lashed on around an oak handle. Dye to finish. Supply fee is \$15.00.

4043.100 Sat, Oct 7 9:00am-1:15pm
1 Session at the Dorothy Hart Community Center
\$36 City, \$41 Non-City Resident, plus \$15 supply fee.
Instructor: Debby Wells
Registration begins: 8/21 City 8/28 Non-city

Basket Making - Ribbed Herb Plate Basket

(Ages: 12 yrs to Adult)
This ADVANCED class will set stakes into a oak frame. The plate is attached to the handle with a God's eye, and the base is ribbed weaving. Add color with dye. Supply fee is \$15.00.

4043.102 Sat, Nov 4 9:00am-1:15pm
1 Session at the Dorothy Hart Community Center
\$36 City, \$41 Non-City Resident, plus \$15 supply fee.
Instructor: Debby Wells
Registration begins: 8/21 City 8/28 Non-City

Basket Making - Victorian Card Basket

(Ages: 12 yrs to Adult)
Weave a plaited narrow basket with top embellishments suitable to hold your holiday cards. Inspired by Victorian wicker work. Color with dye for a festive look. Supply fee is \$11.00.

4043.103 Sat, Dec 9 9:00am-1:15pm
1 Session at the Dorothy Hart Community Center
\$32 City, \$37 Non-City Resident plus \$11 supply fee
Instructor: Debby Wells
Registration begins: 8/21 City 8/28 Non-City

Learn to Crochet

(Ages: 12 yrs to Adult)
All supplies included! Just bring yourself and learn how to crochet. Learn the basic stitches and leave our class well on your way to a brand new scarf just in time for the holidays. Advanced beginners are always welcome.

5063.102 Tue, Oct 10 5:00pm-6:30pm

5063.103 Tue, Dec 5 5:00pm-6:30pm

1 Session each
\$15 City, \$20 Non-City Resident
Dorothy Hart Community Center
Instructor: Susanne Howlett
Registration begins: 8/21 City and 8/28 Non-City



Learn to Knit

(Ages: 12 yrs to Adult)
All supplies included! Just bring yourself and learn how to knit. Learn the basic stitches and leave our class well on your way to a brand new scarf for yourself or someone special. Advanced beginners are always welcome.

5063.104 Tue, Sep 5 5:00pm-6:30pm

1 Session
\$15 City, \$20 Non-City Resident
Dorothy Hart Community Center
Instructor: Susanne Howlett
Registration has already begun.



First Aid for your pet

(Ages 8 yrs to Adult)

Learn how to care for your pet. This class is the American Red Cross' guide to preventing, preparing for and responding to emergencies. In this class, you will learn how to approach a sick or injured animal, administer medications, recognize an emergency, and perform CPR and first aid, and treating common

problems and emergencies requiring immediate attention.

4370.100 Sat, October 28 9:00am- 1:00pm

1 Session

\$30 City, \$35 Non-City Resident

Dorothy Hart Community Center

Instructor: American Red Cross

Registration begins: 8/21 City 8/28 Non-City

Basic Dog Manners

(Ages: 16 yrs to Adult)

Using positive reinforcement methods based on current learning theory and behavior modification techniques, you will learn to teach your dog to respond to the commands - Come, Sit (and Stay), Down (and Stay), and Heel. We will teach dogs that they really can sit-stay when company knocks on the door. We will gently practice laying still on command while adult humans move around the room. We will show dogs that loose leash walking is easy and fun. We will show our dogs that listening and obeying commands will produce praise, petting and delicious rewards. We will show off our obedience skills and our brilliant dogs' hard work with a week five graduation celebration (tricks, prizes and photo opportunities). One friendly dog that you love, a clicker, hot dogs, and lots of praise are all you need for class. Dogs of all ages and sizes are welcome, but the dog must be at least 14 weeks old and have had at least 2 of 4 puppy vaccinations. Participants in all classes must show current veterinary vaccination at first night's orientation. Dogs attend ALL five classes. Please request a supply list and class orientation sheet when you register.

4311.100 Wed, Oct 18 - Nov 15 7:30pm-8:15pm

5 Week Session Location To Be Announced

\$80 City, \$90 Non-City Resident

Instructor: Sarah Ferrell

Registration begins: 8/21 City 8/28 Non-City

Remember...

Each class has a limited number of spaces - which may fill quickly. On those classes that haven't already filled - we may cancel due to lack of enrollment. Either way those who were planning to sign up at a later date miss out!! Don't wait to sign up.



Canine Good Citizen Training Workshop & CGC Test

(Ages: 16 yrs to Adult)

Heard about the new American Kennel Club award for mixed breeds, pure breeds, and ALL well-behaved dogs? Your dog wants to be a Good Citizen! The Canine Good Citizen training will teach you why and how to become an AKC Canine Good Citizen. You and your canine companion will learn techniques for training (loose lead walking, not jumping up, come, sit-stay, down-stay), hints for passing the AKC CGC test, goals to be set for you and your dog and how to get and keep the dog's attention on YOU. We will practice ten obedience tasks of the AKC CGC test each week in class, and we will take the CGC test as our graduation exercise. ALL interested nonaggressive dogs welcome-you do not need to have completed the basic dog manners course, but dogs should know the commands: sit, down, come and have mastered loose lead walking. Dogs attend ALL three classes. Please request a supply list and class orientation sheet when you register.

4320.101 Wed, Nov 14 7:00pm-9:00pm

1 Session Location To Be Announced

\$25 City, \$30 Non-City Resident

Instructor: Sarah Ferrell

Registration begins: 8/21 City 8/28 Non-city

Important Note:

No aggressive dogs,

toward other dogs nor humans may attend these classes. In order to learn in a positive situation and pay close attention to the owner every dog need to feel safe, in a non-threatening environment. Any dog who growls or shows his teeth is not appropriate for these group classes.



Got Dog Problems? Sarah Has Answers!

(Ages: 16yrs to Adult)

Do you wonder why Bongo wee-wees behind dinning room table? Has Esmeralda chewed up all your shoes and your underwear? Is Tonto digging to China, by way of your favorite hydrangea shrub? Does Grandpaw Bob worry your bouncing BoBo will break his hip when he visits? Are you captive to your house because Sugar goes nuts when you leave her alone? Does BibBib hate and despise your new boyfriend? If you have a question, Sarah Ferrell would love to listen and analyze the reasons for all your doggy owes, puppy worries and dog misbehavior concerns. Every question is a good question. Put Poppy on path to perfect canine behavior management. You need this class!

4311.102 **Tue, Nov 21** **7:00pm-8:30pm**
1 Week Session
\$9 City and Non-City Resident
Dorothy Hart Community Center
Instructor: Sarah Ferrell
Registration begins: 8/21 City 8/28 Non-City



A Day for the Family Dog!! Fredericksburg Dog Festival

Sunday, October 1, 2006
at Hurkamp Park
Registration begins 12:00 noon
Parade at 1:00pm
Rain date: Sunday, October 15th
Fee: \$3 per dog

Contests and events from 1:30 - 3:00pm. In the event of rain, the Dog Festival will be postponed until Sunday, October 15th. You may register in advance or on-site at the event. A special registration form (available in September) is required to participate in the Dog Festival.

Ready! Steady! Train!

Manners are Fundamental

(Ages: 16 yrs to Adult)

HUMANS ONLY for this seminar/ demonstration class. Join Sarah for a fun and fact filled evening to teach you basic dog manner skills; Sit! Down! No Jump! Come! Easy! No pull! Go to your Place! Join our dog owner skill building class and learn to lay a firm foundation for mastering basic obedience commands. Sarah's big boy, Gabriel, will show you fundamental manners for all good dogs. This class is offered by request of dgo moms and dads who need to come to school but can't fit a weekly basic manners class into hectic schedules. Our "Fundamentals" seminar will place your fine dog on the well-trained paw. After this seminar, you'll be ready to teach your brilliant canine to sit-stay, lie down, walk on a loose leash, and come when called. Emphasis will be on teaching you how to teach your dog to pay attention. Let's teach your fine dog that your face is the most interesting sight in his world.

4311.103 **Thur, Nov 9** **7:00pm-8:30pm**
1 Week Session
\$9 City and Non-City Resident
Dorothy Hart Community Center
Instructor: Sarah Ferrell
Registration begins: 8/21 City 8/28 Non-City

How to Find The Dog of your Dreams

(Ages: 16 yrs to Adult)

How to find the dog of your dreams; Perfect Puppies. Ready rescues look before your leap. A dog is for life. If you're very blessed the dog you bring home today will live with you, love you, depend on you for every breath, every command, every happiness for up to sixteen or more years. A dog is a terrible life to waste. Bring all your questions about how to choose the right tiny pup or ready for rescue older dog. Learn to interview a breeder. Get ready to surf the web for rescue dogs who need you. We will discuss any breed you have on your mind. Join us for a great night of fun.



4311.101 **Tue, Dec 5** **7:00pm-8:30pm**
1 Session
\$5 City and Non-City Resident
Dorothy Hart Community Center
Instructor: Sarah Ferrell
Registration begins: 8/21 City 8/28 Non-City

Heart Saver CPR & First Aid Certification

(Ages: 16 to Adult)

This course will cover CPR & First Aid for adult, children and infants. Take one day and be prepared to take care of your family and friends in an emergency. Upon completion of the written test you will receive certification for this class. *Optional books may be purchased for \$10.

2110.410	Thur, Aug 31	9:30am-3:30pm
2110.117	Tue, Nov 28	9:30am-3:30pm
2110.118	Thur, Dec 14	9:30am-3:30pm

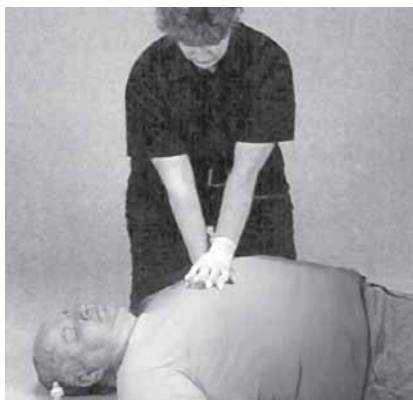
1 Session each at the Dorothy Hart Community Center

\$40 City or Non-City Resident

Instructor: Tim Carpenter

Registration has already begun for Aug Class.

Registration begins: 8/21 City 8/28 Non-City



Heart Saver CPR Certification

(Ages: 16 yrs to Adult)

This course will cover CPR for adults and children and will result in certification upon completion of the written test. *Optional books may be purchases for \$10.

2110.113	Sat, Sep 30	9:30am-1:00pm
2110.111	Fri, Oct 13	1:00pm-4:30pm
2110.116	Sat, Dec 2	9:30am-1:00pm

1 Session each at the Dorothy Hart Community Center

\$35 City and Non-City Resident

Instructor: Tim Carpenter

Registration has already begun for Sept. Class.

Registration begins: 8/21 City 8/28 Non-City



Wilderness First Aid

(Ages: 14 yrs to Adult)

Scout leaders and outdoor recreation enthusiasts will learn valuable skills in this intense 12-hour, Wilderness First Aid course. Join a small group and an American Safety & Health Institute certified instructor at the Motts Run Nature Center. The course is designed for those leading short trips in relatively low-risk situations. (Does NOT include CPR.) Participant will receive WILDERNESS First Aid certification.) Bring a sack lunch and wear comfortable clothes! Fee includes \$22 Course Handbook.

2110.115 Sat-Sun, Nov 18 - Nov 19
9:00am-5:00pm

2 Day Session

\$74 City, \$92 Non-City Resident

Motts Run Nature Center

Instructor: Tim Carpenter

Registration begins: 8/21 City, 8/28 Non-City

Stop Smoking

(Ages: 16 yrs to Adult)

This time you're going to quit smoking for good! Nancie Harris, a registered hypnotist for behavior modification, will help you quit without withdrawal symptoms, chemicals or medication, using relaxation and behavior modification techniques. Nancie will teach you the new behavior skills to get rid of your addiction. Hypnosis, although NOT a magic potion, is one way to help you keep an even keel, put yourself first, and quit smoking for good. Why not give it a try? Class size is limited.

2460.104 Mon, Sep 11 7:00pm-9:00pm
1 Week Session each

\$35 City, \$47 Non-City Resident

Dorothy Hart Community Center

Instructor: Nancie Harris

Registration has already begun.

*Register for these classes and more at the
Fredericksburg Parks and Recreation Office,
located in the Dorothy Hart Community Center, 408 Canal St.*



Drawing I

(Ages: 16 yrs to Adult)
Always wanted to draw, but never took the time? Make this the summer you learn. Whether you're just a beginner or have some experience and just want to sharpen your skills, this class is for you. We'll be looking at perspective, composition, shading and some other drawing basics. Supply List: - one 18" x 24" newsprint drawing pad, two #2 Pencils, two #3 pencils, and a hand held pencil sharpener.

Daytime

4012.105 Thur, Sept 7 - Sept 28 10:00am-12:00pm

Evening

4012.107 Thur, Sept 7 - Sept 28 7:00pm-9:00pm

4012.106 Thur, Oct 12 - Nov 2 7:00pm-9:00pm

4 Week Sessions each

\$36 City, \$48 Non-City Residents

Dorothy Hart Community Center

Instructor: Nancie Harris

Registration begins: 8/21 City and Non-City



Acrylics I

(Ages: 16 yrs to Adult)
This easy, portable art will offer even beginning artists a chance to express themselves with paint. We'll look at basic acrylic techniques, try an acrylic collage, a wash, and even a still life. Make this the year you try something new and creative. This class will have a flower theme. Pick up a supply list when you register. No experience necessary.

Evening

4036.103 Wed, Sept 6 - Sept 27 7:00pm-9:00pm

4036.104 Wed, Oct 11 - Nov 1 7:00pm-9:00pm

3 Week Sessions each

\$36 City, \$48 Non-City Resident

Dorothy Hart Community Center

Instructor: Nancie Harris

Registration begins: 8/21 City and Non-City

Watercolor I

(Ages: 16 yrs to Adult)
Learn the basics of this beautiful medium with artist Nancie Harris. Find your particular style and feel your creative energy flow. Each student will work on 4 pieces throughout the course. Get to know that artist within you. Pick up a supply list when you register. This month's theme will be Flowers. No experience necessary. Supply List: Basic Watercolor set, Small brush, Medium brush, Large brush, Detail brush, Palette, 140 weight watercolor paper. * If you bring a watercolor tablet it must be larger than a 9" x 12" tablet.



Daytime

4032.101 Tue, Sept 5 - Sept 26 10:00am-12:00pm

4032.103 Tue, Oct 10 - Oct 31 10:00am-12:00pm

Evening

4031.102 Tue, Sept 5 - Sept 26 7:00pm-9:00pm

4031.104 Tue, Oct 10 - Oct 31 7:00pm-9:00pm

4 Week Sessions each

\$36 City, \$48 Non-City Resident

Dorothy Hart Community Center

Instructor: Nancie Harris

Registration begins: 8/21 City and Non-City

Ceramics Group

Would you like some company while you paint your ceramics?

Join us from 10:00am- 2:00pm on the 1st and 4th Wednesdays of each month, as we spend the morning painting our latest pieces at the Dorothy Hart Community Center.



You must provide your own paint, brushes, piece to paint and anything else you might need. There's no cost to join the group and no need to pre-register. Just show up!

Call for more information, (540) 372-1086.

Polymer Clay Christmas Art Class

(Ages: 16 yrs to Adult)

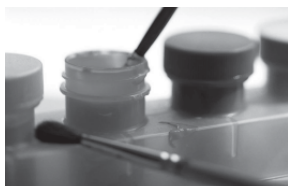
Come and make a Christmas gift using polymer clay. Learn to how to make different kinds of jewelry or other crafts. Nancie Harris will teach you how to create the perfect gift for your loved one for Christmas. Supply List: 4 blocks of Polymer clay (one needs to be white and one needs to be black, you can choose the other two colors) and a small rolling pin.

4080.104 Mon, Nov 6 - Nov 27 7:00pm-9:00pm
4 Week Session at the Dorothy Hart Community Ctr
\$36 City, \$48 Non-City Resident
Instructor: Nancie Harris
Registration begins: 8/21 City 8/28 Non-City

Paint A Portrait Of Your Pet

(Ages: 16 yrs to Adult)

Using acrylics or watercolors, Nancie will help you see how easy it is to paint a portrait of your pet. Bring your own supplies and a picture of your pet, and Nancie will show you some tricks to make your pet come alive on paper or canvas. It's lots of fun, and more personal than a landscape or still life.



4037.212 Wed, Nov 8 - Nov 15 7:00pm-9:00pm
2 Week Session at the Dorothy Hart Community Ctr
\$15 City and Non-City Residents
Instructor: Nancie Harris
Registration begins: 8/21 City 8/28 Non-City

Paint a Self Portrait

(Ages: 16 yrs to Adult)

Using acrylics or watercolors, Nancie will help you see how easy it is to paint a portrait of yourself. Bring your own supplies and a picture of yourself, and Nancie will show you some tricks to make your picture come alive on paper or canvas. It's lots of fun, and more personal than a landscape or still life. Bring a standing mirror to class.

4037.103 Thur, Nov 30 - Dec 21 7:00pm-9:00pm
4 Week Session at the Dorothy Hart Community Ctr
\$36 City \$48 Non-City Resident
Instructor: Nancie Harris
Registration begins: 8/21 City 8/28 Non-City

Fall Herbal Detox

(Ages: 18 yrs to Adult)

Detoxification takes place on many levels in the body. This class discussion teaches you how you are exposed to toxins and teaches the student an herbal detox program that will address the unwanted overload of heavy metals, parasites, yeast/candida, pesticides/insecticides, medication residue, and environmental toxins.



4682.110 Thur, Oct 12 6:00pm-7:30pm
4682.118 Thur, Oct 26 6:00pm-7:30pm
4682.119 Thur, Nov 16 6:00pm-7:30pm
1 Session each at the Dorothy Hart Community Center
\$30 City, \$35 Non-City Resident
Instructor: JoAnna Cassidy-Farrell
Registration begins: 8/21 City 8/28 Non-City

Herbal Life Style Analysis

(Ages: 18 yrs to Adult)

Tired of being sick and tired? This class offers insight on achieving your personal health goals the natural way. The lifestyle analysis is a basic confidential herbal consultation that will target the body system(s) that is out of balance. Personal information will be provided to guide each individual well being back into harmony naturally. Joanna Cassidy-Farrell is a certified herbalist and horticulturist.

4682.100 Thur, Oct 5 6:00pm-7:15pm
4682.113 Thur, Nov 2 6:00pm-7:15pm
4682.114 Thur, Dec 14 6:00pm-7:15pm
1 Session each at the Dorothy Hart Community Center
\$30 City, \$35 Non-City Resident
Instructor: JoAnna Cassidy-Farrell
Registration begins: 8/21 City 8/28 Non-City

Herbal Health Program - One Size Fits All!

(Ages: 18 yrs to Adult)

All though we are all biochemically unique and nothing works for everybody, there are basic supplements that almost everyone needs. This class supplies interesting information that will benefit and maintain a basic all over herbal health program for anybody. Joanna Cassidy-Farrell is a certified herbalist and horticulturist.

4682.115 Thur, Oct 19 6:00pm-7:15pm
4682.116 Thur, Nov 9 6:00pm-7:15pm
4682.117 Thur, Dec 7 6:00pm-7:15pm
1 Session each at the Dorothy Hart Community Center
\$30 City, \$35 Non-City Resident
Instructor: JoAnna Cassidy-Farrell
Registration begins: 8/21 City 8/28 Non-City



Intro to Hang Gliding

(Ages: 18 yrs to Adult)

Fly like a bird when you experience an introductory hang gliding lesson. A one hour ground school is followed by beginner flights with a United States Hang Gliding Association certified instructor. Lessons provided by Blue Sky and include all necessary equipment.

1900.100 **Sat, Sep 2** **8:00am-12:00pm**
1 Session each
\$99 City and Non-City Resident
Meets at Blue Sky Facility at Manquin Flightpark, just outside of Richmond.
Instructor: Steve Wendt
Registration has already begun.

RAD for Adults I

(Ages: 12 yrs to Adult)

This important "hands-on" program, brought to us by the Fredericksburg Police Department, will give you some safety tips and teach you valuable defense tactics to use should you ever be attacked. You'll learn how and where to kick and hit, and when and what to yell. Gain self-confidence and feel safer knowing that you know how to protect yourself should danger arise.



2511..101 **Thur, Sep 7 - Sep 28** **6:30 -9:30pm**
4 Week Session
\$12 City and Non-City Resident
Dorothy Hart Community Center
Instructor: Sheila Jones, Fredericksburg Police Dept.
Registration has already begun.

RAD for Kids

is designed for young people to know what to do in the case of danger. See the class listing on page 17.

Ooops! We are human...

Our editors have worked hard to ensure accuracy within our publication. We apologize if something has slipped past our editors. Please call us with any questions.

Horseback Riding Lessons

(Ages: 13 yrs to Adult)

This exciting new program is designed for anyone who is interested in learning to ride. You don't need a horse, or special equipment, just a desire to learn and a love of horses. This is a hands on, get in the saddle class that will cover such topics as Novice Horse Safety, Beginning Ground Training , Grooming, Tacking (understanding variety of horse equipment)as well as Beginner Riding Skills. A great start for you horse lovers who want to try this beautiful sport. Classes are held out at the lovely White Buffalo Horse Farm in Orange Co. (just off Rt. 20 near Locust Grove). Register early, class size is limited to 6 riders!



Teens 13 yrs to Adults

4351.103	Sun, Sep 17 - Oct 8	3:30pm-4:30pm
4351.104	Sun, Oct 15 - Nov 5	3:30pm-4:30pm
4351.201	Sun, Jan 1- Jan 28	3:30pm-4:30pm

4351.100	Wed, Sep 13 - Oct 4	6:30pm-7:30pm
4351.101	Wed, Oct 11 - Nov 1	6:30pm-7:30pm
4351.102	Wed, Nov 8 - Dec 6	6:30pm-7:30pm
4351.200	Wed, Jan 3 - Jan 24	6:30pm-7:30pm

4 Week Sessions each

\$120 City, \$140 Non-City Resident

White Buffalo Horse Farm

Instructor: Judy Watson

Registration begins: 8/21 City 8/28 Non-City



Horseback Riding Lessons for Children

See the complete class listings for children on page 21.

Managing Your Cash Flow

(Ages: 16 yrs to Adult)

In this class you will learn how to establish and maintain a spending plan, credit card tricks and traps, and learn how to use your financial resources to reach your goals while working your way out of debt.



4620.104 Thur, Sep 14 7:30pm-8:30pm
1 Session at Dorothy Hart Community Center
\$5 City and Non-City Resident
Instructor: Val Folden, CFP
Registration begins: 8/21 City 8/28 Non-City

Financial Ramification of Divorce

(Ages: 16 yrs to Adult)

As tough as divorce is, there are certain issues that need to be discussed. This class will talk you through financial concerns that you may have, and help you anticipate some of the money issues you can expect in a divorce situation.

4620.105 Thur, Oct 12 7:00pm-8:00pm
1 Session at Dorothy Hart Community Center
\$5 City and Non-City Resident
Dorothy Hart Community Center
Instructor: Val Folden, CFP
Registration begins: 8/21 City 8/28 Non-City



Taking the Mystery out of Investing

(Ages: 16 yrs to Adult)

If you keep hearing about IRAs and Mutual Funds, cd's and certificates, and you don't know what everyone is talking about, this is the class for you. Val will explain just what all these investments are in a way that is

understandable to even the novice investor. You don't need a lot of extra money to start on your way to investment savings for big pay offs later. It's never too soon to start, so take the first step with this workshop. You'll be glad you did.

4620.103 Thur, Nov 9 7:30pm-8:30pm
1 Session at Dorothy Hart Community Center
\$5 City and Non-City Resident
Instructor: Val Folden, CFP
Registration begins: 8/21 City 8/28 Non-City

Autumn Leaves Hike

(Ages: 5 yrs to Adult)

The fall woodland is full of wonder. Set your senses on full alert as we soak up the sights, sounds, and smells of the season. Dress warmly and wear sturdy shoes. A family favorite (for lone adults too!).

6320.101 Sun, Oct 22 3:00pm-4:15pm
1 Session
\$4 City and Non-City Resident
Motts Run Nature Center
Instructor: Linda Bailey
Registration begins: 8/21 City 8/28 Non-City

Sunset Canoe Float

(Ages: 6 yrs to Adult)

Come paddle the peaceful coves of Motts Run Reservoir, listening for the final hum of summer insects, and the slap of a beaver's tail...all against the colorful backdrop of the autumn woods and setting sun. Fee



includes canoe rental, instructions and a delicious dessert served afloat! Children MUST be 6 years old, attend with parent, and be able to sit quietly for two hours! ALL participants pay. Life vest provided, but bring your own if preferred.

6110.104 Sun, Oct 1 5:30pm-7:30pm Instr: Bailey
6110.108 Sat, Oct 14 5:30pm-7:30pm Instr: Black
1 Session each
Motts Run Boat Landing
\$9 City and Non-City Resident per person
Instructor: Linda Bailey or Quinn Black
Registration begins: 8/21 City 8/28 Non-City

Winter Night Hike

(Ages: 5 yrs to Adult)

Bundle up tight and come into the night...we'll sip a bit o' hot chocolate, then set out to explore the evening woods of winter! Bring a flashlight, wear sturdy shoes with good traction, and dress warmly. For families and adults (teens welcome!) Kids should be able to hike quietly for about a mile.

6331.204 Thur, Dec 7 7:00pm-8:00pm
1 Session \$4 City and Non-City Resident
Motts Run Nature Center Instructor: Linda Bailey
Registration begins: 8/21 City 8/28 Non-City